

July 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Canada Day !!!!!!! 9:30am Hawaiian exercise - AC 10:30am Ice cream floats - DN 2:00pm Canada Day Bingo - DN	2 1:30am Garden Painting - AC 3:00pm Friendly Visits - Room	3 9:00am Hair styling with Lisa - AC 9:30am Spiritual self love exercise - AC 1:30pm Goderich Beach - Outi	4 9:30am One on one Exercise - AC 10:30am Food Committee Meeting - Room 2:00pm Our Daily Bread Reading - DN 6:30pm Music With Val - AC	5 9:00am Easy Listening - AC 2:00pm The Wizard of Oz - AC
6 9:00am Easy Listening - AC 2:00pm Mary Poppins - AC	7 1:00pm Fingernail painting - AC 2:30pm Ukulele w/ Val - AC	8 9:30am Tai Chi exercise - AC 10:30am Kincardine Scottish Festival discussion group - AC 2:00pm Watermelon Social - AC	9 9:30am Stretchy Exercise - AC 10:30am Pet visit with Nella and Diane - Room 1:00pm library - Room 6:30pm Beats of the Body Interactive Music Game - AC	10 9:30am Spiritual self love exercise - AC 10:00am Hymn Sing with Ray 2:00pm Ancient Spiritual Tradition. - AC	11 9:00am Easy Listening - AC 2:00pm Funniest animals of 2025 - AC 6:30pm Music with Val - AC	12 2:00pm Happy Hour 3:30pm Ring toss - AC
13 2:00pm Crafts with Val - AC 3:30pm Gospel Sing Along - AC	14 9:00am Greased Lightning - AC 2:00pm CKNX radio station - AC	15 9:00am Paddington Bear - AC 2:00pm AM920 radio - AC	16 2:00pm Creative Writing - AC 3:30pm Bean bag toss - AC	17 9:30am Spiritual self love exercise - AC 10:30am Music with Wilma - DN 2:00pm Resident Council - AC	18 9:30am One on One Exercise - AC 10:30am Calendar Planning Meeting - Room 2:00pm Our Daily Bread Reading - DN 6:30pm Music With Val - AC	19 9:30am Puzzle group - Room 10:00am Bubble art - AC 2:00pm Happy Hour
20 9:30am Outdoor Walk + Talk - Ther 10:30am Letter delivery - DN 2:00pm church with Lisa - DN	21 1:00pm Fingernail painting - AC 2:30pm Ukulele w/ Val - AC	22 9:30am Seated core workout - AC 10:30am Sand sculpting - Room 2:00pm Shark awareness day - DN	23 9:30am Ball exercise class - AC 10:30am Pet visits with Nella and Diane - Room 1:00pm library - Room 6:00pm Crafters Corner with Val - AC	24 9:30am Spiritual self love exercise - AC 10:30am History trivia - AC 2:00pm Music with Doug F - DN	25 9:00am Easy Listening - AC 2:00pm Movies "baseball" - AC 6:30pm Music with Val - AC	26 2:00pm Happy Hour 3:30pm Coloring class -
27 2:00pm Christian Reformed Church 3:30pm Gospel Sing Along - AC	28 9:00am Easy Listening - AC 2:00pm Golden Girls - AC	29 9:30am I trust our friends - AC 10:30am Walking group - AC 2:00pm Beauty parlor fun - Room	30 2:00pm Creative Writing - AC 3:30pm Friendly visiting - Room	31 9:30am Spiritual self love exercise - AC 10:30am Music with Leaving tracks - DN 2:00pm Warm hands / warm heart - Room		

